Half Hollow Hills Central School District
Athletic Department
525 Half Hollow Road
Dix Hills, New York 11746
Phone: 631-592-3065 Fax: 631-592-3905
DEBRA A. FERRY, CAA, Athletic Director

May 2017

Dear HSE Parents/Guardians:

For your child to be eligible to participate in interscholastic athletics for the Fall Season 2017 a sports physical MUST be performed after August 21, 2016. For this reason, there will be a school physician available to do sports physicals on the following dates in the School NURSES OFFICE:

HSE: Girls Physicals –June 7th @ 2:00 p.m.
Boys Physicals –June 5th @ 2:00 p.m.

ADVANCE SIGN UP IS REQUIRED

NOTE: ***ALL FALL*** athletes must hand completed forms to the nurse's office before the end of this school year. Forms are attached in this School Messenger.

Even if you take your child to their private physician, it is recommended that you take advantage of this opportunity.

NO STUDENT MAY PARTICIPATE IN INTERSCHOLASTIC ATHLETICS UNLESS THEY HAVE BEEN EXAMINED AND CLEARED BY THE SCHOOL PHYSICIAN OR THEIR PRIVATE PHYSICIAN.

OPTION 1 – IN-SCHOOL PHYSICAL BY OUR SCHOOL DOCTOR*- STUDENTS MUST SEE SCHOOL NURSE TO SIGN-UP*
PLEASE NOTE: THE YELLOW FORMS MUST BE OBTAINED IN THE HEALTH OFFICE ASAP AND MUST BE SUBMITTED PRIOR TO THE DAY OF PHYSICALS.

OPTION 2 - PRIVATE PHYSICIAN PHYSICAL
*****FOR PRIVATE PHYSICIAN PHYSICALS THE DEADLINE TO HAVE THE SCHOOL DOCTOR CO-SIGN THE HHH YELLOW SPORTS FORM IS JUNE 6TH. ***AFTER THIS DATE YOU WILL BE REQUIRED TO VISIT A SCHOOL DOCTOR ON YOUR OWN FOR CO-SIGNING OF THE YELLOW FORMS.*

SCHOOL DOCTORS:
DR. DONATELLI (631) 398-9374 DR. DIMARIA (631) 667-9440 DR. SISSELMAN (631) 670-6525

****STUDENTS USING A PRIVATE PHYSICIAN MUST USE THE ATTACHED SCHOOL EXAMINATION FORM – IT MUST BE FULLY COMPLETED, INCLUDING BLOOD PRESSURE, & BMI.* ***FORMS MUST BE SUBMITTED TO THE SCHOOL NURSE BY JUNE 6TH***

IMPORTANT NOTE ON MEDICATION FOR ATHLETES****IF THE STUDENT ATHLETE, USES AN INHALER AND/OR REQUIRES AN EPI-PEN, A DOCTOR'S ORDER AND PARENTAL PERMISSION MUST BE SUBMITTED TO THE SCHOOL NURSE. IT IS MANDATORY THAT THIS ISSUE IS ADDRESSED BEFORE THE SPORT SEASON STARTS, AS THE COACH MUST BE NOTIFIED. THE ATHLETE WILL BE HELD FROM PLAY UNTIL THE PROPER DOCUMENTATION IS ON FILE IN THE HEALTH OFFICE.

*****THE SCHOOL FORM WILL BE THE ONLY ONE ACCEPTED*****
ALL PHYSICALS MUST BE TAKEN ON OR AFTER AUGUST 21, 2016 TO BE VALID FOR THE FALL 2017 SEASON!

Practices and/or try-outs will begin for the following fall sports on the dates and times listed below:

High School EAST - Grades 9-12

	SPORT	TIME	LOCATIONS	COACHES E-MAIL
Monday, August 14th	Varsity & JV Football equipment handout	week of 8/7 – 8/11		
	1st Football Practice Varsity & J.V.	7:00 a.m.	Locker-room	mmarrato35@yahoo.com
Monday, August 21st	Varsity and J.V. Boys Soccer	7:00 a.m.	HSE Track	tcarcone@hhh.k12.ny.us
(8:00 am- means	Varsity and J.V. Girls Soccer	7:30 a.m.	Locker-room	mmayo@hhh.k12.ny.us
Ready to begin practice.	Varsity Girls Tennis	7:30 a.m.	Tennis Courts	ivoryjoe@optonline.net
Get there earlier)	Varsity Boys X-Country	8:00 a.m.	HSE Track	dgumbus@hhh.k12.ny.us
	Varsity Girls X- Country	8:00 a.m.	HSE Track	jbraun@hhh.k12.ny.us
	Varsity Golf	8:00 a.m.	TBA	elein@hhh.k12.ny.us
	Varsity and J.V. Girls Volleyball	8:00 a.m.	HSE Gym	bchappas9@aol.com
	Varsity and J.V. Boys Volleyball	8:00 a.m.	**HSW Gym**	arodriguez0989@gmail.com
	Varsity & J.V. Cheerleading	8:00 a.m.	**Central Office**	dshannon@hhh.k12.ny.us
	Varsity & JV Field Hockey	8:00 a.m.	**HSW Field**	ahughes@hhh.k12.ny.us
	Varsity Girls Gymnastics	8:00 a.m.	HSE East Gym	teri.kindelmann@gmail.com
	Varsity Girls Swimming	8:00 a.m.	Natatorium	ninacuningham13@gmail.com

Middle School - Grades 7 and 8

1st day of school; Tuesday, September 5th meetings immediately after school, announcements will be made regarding location:

Boys Soccer 7th Grade
Boys Soccer 8th Grade
Girls Soccer 7th Grade
Girls Soccer 8th Grade
Football 7th Grade
Football 8th Grade
Boys Cross Country
Girls Cross Country
Girls Field Hockey

1st Day of Practice Wednesday, September 6th

2017–2018 ATHLETIC STARTING DATES

High School Varsity & J.V.		**Middle School**	
Football	August 14th	Fall	September 5th
All Fall Sports	August 21st	Early Winter	November 6th
Homecoming	October 7th	Late Winter	January 22nd
Winter	November 13th	Spring	March 26th
Spring	March 5th		

ALL PHYSICALS MUST BE TAKEN AFTER AUGUST 21, 2016 TO BE VALID FOR FALL SEASON 2017

We hope this information will help your child meet his/her athletic goals and be ready when the season starts.

Sincerely,

Debra A. Ferry

Debra A. Ferry, CAA
Director of Athletics