

Middle School Rising Stars



6th Grade Transitioning

Let's talk about it...

- All students meet with counselor
- Parent meeting with counselor
- Topics: academic, social/emotional, wholism
- Clubs & Activities
- Teaming
- Language Selection



7th Grade



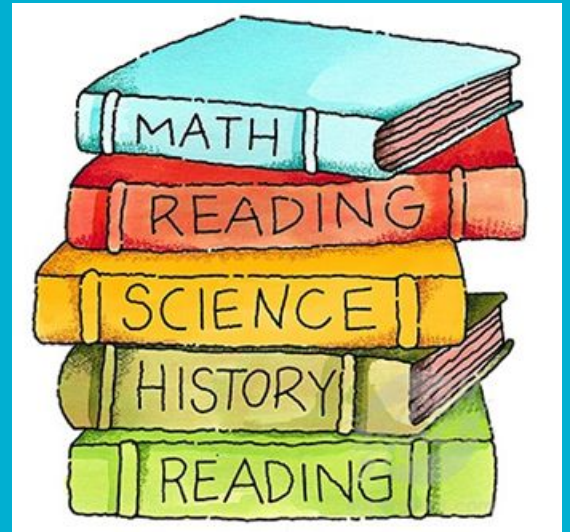
- Accelerated courses- teacher rec.
- Rising stars are reviewed
- NJHS expectations- grades, community service, activities
- Leader/character/citizenship skills

8th Grade Career Exploration

Setting students on the path for success

High School Transitioning

- Scheduling - High School Presentation
- Electives
- Building self-awareness
- Plans for reaching future goals
- Acquiring knowledge & skills in core curriculum- middle school to high school and beyond



Pressure faced in school



- 61% of teens feel a lot of pressure to get good grades- Learning?
- 3 in 10 feel a lot of pressure to look good and fit in socially
- 1 in 5 feel pressured to be involved in extracurricular activities and be good at sports

Pew Research Center, (2018).



— Social Emotional Learning

“Helping students develop the knowledge, attitudes and skills in order to regulate **EMOTIONS**, achieve **GOALS**, show **EMPATHY**, maintain **RELATIONSHIPS** and make good **DECISIONS.**”

Social Emotional Learning Impacts Academic Performance

Social Emotional Learning:

- reduces emotional distress,
- improve engagement, social/emotional skills,
- improve academic achievement by **11 percentile points**



Children with prosocial skills are more likely to graduate high school, college and maintain full time employment. They are less likely to abuse alcohol or be on medication for emotional/behavioral issues.