

## AnnaBelle's Pantry

## Allergy Friendly Foods For Those in Need

Food allergies can trigger extremely serious and sometimes life-threatening symptoms. Many people who are battling these types of allergies on a daily basis cannot afford to buy the specialized foods that they so desperately need.

## Donate from Oct. 18th-22nd at West Hollow Middle School

AnnaBelle's Pantry is partnering with Island Harvest to collect allergy-friendly and allergen-free food to help families throughout Long Island. Help fight food insecurity and donate GLUTEN FREE, DAIRY FREE, and/or NUT FREE foods today!

Here are some ideas of foods you can donate. APPROVED FOR DISTRIBUTION

Barilla or Ronzoni Gluten Free Pasta Annie's Rice Pasta and Cheese Kraft Gluten Free Macaroni and Cheese Gluten Free Bisquick Gluten Free Hungry Jack Pancake mix Glutino cookies and crackers Schar's Gluten Free Bread and Crackers K-Toos Cookies Tate's Gluten Free Cookies Quaker Gluten Free Oats

Glutino or Snyders Gluten Free Pretzels **Enjoy Life Cookies** Goodie Girl Cookies

DR. PATRICK HARRIGAN SUPERINTENDENT OF SCHOOLS

General Mills Cereals labeled as Gluten Free (Cheerios, most Chex varieties)

Aleia's or 4C Gluten Free Breadcrumbs Bob's Red Mill Gluten Free oatmeal, flours, and baking mixes King Arthur and Cup for Cup Gluten Free baking mixes

Welch's or Annie's Fruit Snacks

AnnaBelle's Pantry is a not-for-profit organization started by a twelve-year old Half Hollow Hills student with celiac disease.

