

From HHH PTA Council's Parent Resource and
Task Force Committee and REACH CYA...

Join us for a **FREE** parenting seminar



Steven Pinto, LMHC

Licensed mental health counselor, psychotherapist,
executive coach and motivational speaker

Building Resilience in Kids

Thursday, Oct. 17th at 10am

Fran Greenspan Administration Center

525 Half Hollow Road, Dix Hills (Photo ID required to enter)

In this era of "snowplow parenting," come hear Steven's lessons on
creating resilient, capable, independent kids. From his decades of working
with children and parents, he'll share his expertise on:

- **Adolescent development**
- **Anxiety vs. depression**
- **How to help kids cope with stress**
- **Developing problem-solving skills**

Great for parents
of all age kids!

APPROVED FOR DISTRIBUTION

SEP 19 2019

DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS

Amr
9/19/19

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