

Oh, shift!

6 WEEK VIRTUAL WORKSHOP
FOR TEENS

First session begins:
September 22, 2020

Workshop is **Free:**
(\$450 value)

*see website for
complete details

- WEEK 1- Self -Awareness
- WEEK 2- Power of Words
- WEEK 3 - Flow vs.
Resistance
- WEEK 4- Change and
Obstacles to Change
- WEEK 5 - Reactions
- WEEK 6- Personal Power

Register:

tsvf.org or call 866-599-TSVF

Workshop takes place once a week, virtually for approx. 1 1/2 hr.

Based on the bestselling book by Jennifer Powers and led by youth empowerment coach Keith Senzer, this workshop will teach teens to embrace their strengths while developing the skills they need to ensure their success in this ever-changing world.

Parents, this is a
great opportunity-
Don't miss out!
Register now

APPROVED FOR DISTRIBUTION
SEP 18 2020
DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS

Ann
9/18/2020

Note: This is not a Half Hollow
Hills School District
sponsored or endorsed
activity