



"All Kids Matter"

TSVF.ORG PROUDLY PRESENTS A *FREE*
MINDFULNESS SERIES FOR THE ENTIRE
FAMILY

Experience meditation, yoga, gong, and sound
healing

to use in your daily routine to

*reduce stress!

*increase concentration and focus!

*create positive self awareness & self esteem!

Register via email: rsvp@tsvf.org (include child's name and age)

or call # 866-599-TSVF



A Global Movement of
Creating Loving Kindness

Inspired Yoga & Healing
Center

1740 E. Jericho Tpke.
Huntington

truelivingyoga.com
createkindkarma.com

631-486-3843

June 14 Grades K-5
6:30 -7:30 pm

July 10 Grades 6-12
7:00-8:00 pm

Adult session-coming

SOON APPROVED FOR DISTRIBUTION

MAY 31 2019

DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS

This is not a Half Hollow Hills School District sponsored
or endorsed activity.

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Handwritten signature and date:
5/31/19