

Here to TALK, LISTEN, & SUPPORT

The Crisis Counseling Program provides support, outreach, and education to assist New Yorkers and Suffolk communities coping with COVID-19. It is a strengths-based program offering support that promotes resilience, empowerment, and recovery... always *free, confidential, and anonymous.*



CONNECT

We can provide resources that can help you with everything.



TALK

We are here to talk, listen, and help you understand your emotions.



COPE

We can provide tips that will help you navigate these very unusual times.



RELAX

We can help you find simple ways to unwind, destress, and relax.

APPROVED FOR DISTRIBUTION
MAR 26 2021
DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS

*AMM
3/26/2021*

Contact Us

516-510-0282

Monday-Friday: 8AM-8PM

Saturday: 8AM-4PM

EAC Network | Project Hope

EAC (Empower, Care, Assist) Network is a not-for-profit 501(c)3 organization

NY Project Hope is a program of the NYS Office of Mental Health, funded by the Federal Emergency Management Agency, and administered by the Substance Abuse and Mental Health Services Administration

This is not a Half Hollow Hills School District sponsored or endorsed activity.

NY Project Hope
Coping with COVID

www.eac-network.org/ny-project-hope

@eacprojecthope

@eacprojecthope

EAC Network-A Provider Agency of NY project Hope