

# SUFFOLK COUNTY LEGISLATURE

## COUNTY OF SUFFOLK

**TOM DONNELLY**  
LEGISLATOR, 17<sup>TH</sup> DISTRICT



### COMMITTEES

- \* CHAIR – PUBLIC SAFETY
- \* VICE CHAIR – FIRE, RESCUE AND EMERGENCY MEDICAL SERVICES & PREPAREDNESS
- \* VICE CHAIR – GOVERNMENT OPERATIONS, PERSONNEL, INFORMATION TECH & DIVERSITY
- \* MEMBER – HEALTH
- \* MEMBER – WAYS & MEANS

### COMMISSIONS

- \* CRIMINAL JUSTICE COORDINATING COUNCIL
- \* SUFFOLK COUNTY ANTI-TRAFFICKING INITIATIVE
- \* SUFFOLK COUNTY HEROIN & OPIATE EPIDEMIC ADVISORY PANEL
- \* SUFFOLK REGIONAL EMS COUNCIL
- \* SUFFOLK COUNTY SEWER AGENCY

March 4, 2021

Dr. Patrick Harrigan, Superintendent  
Half Hollow Hills Central Office Administration  
Fran Greenspan Administration Center  
525 Half Hollow Road  
Dix Hills, NY 11746

Dear Dr. Harrigan:

I am pleased to once again extend an invitation to your district's elementary school students to participate in the Suffolk County Legislature's "Be Pool Smart" poster contest. Resolution Number 927-2007 directs the Legislature to hold this campaign and poster contest annually. The "Be Pool Smart" poster contest promotes the importance of pool safety.

Please distribute the enclosed contest flyer to your elementary school students. I will be judging the poster entries and will select a finalist from each school district. One poster, also chosen by me, will represent my legislative district. The poster will be submitted to the Presiding Officer's office and he will then present all the winning posters to the Budget Review Office where they will select the poster to be used as part of a countywide message to be disseminated by the Suffolk County Department of Health Services.

In addition, the student winner of the contest will be presented a proclamation, and a press release and photo will be distributed to local newspapers in order to help celebrate his/her accomplishment. All participating students will be acknowledged with a certificate of achievement from my office.

Thank you in advance for your help and cooperation. **The "Be Pool Smart" posters should be submitted to my office – located at 130 West Jericho Turnpike, Huntington Station, NY 11746 – no later than Wednesday, April 28, 2021 at 4:30 pm.** I have enclosed a copy of resolution 927-2007, contest flyers and last year's winning pamphlets to help describe the program.

Very truly yours,

Tom Donnelly  
Suffolk County Legislator  
17<sup>th</sup> Legislative District

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Enc. (4)

APPROVED FOR DISTRIBUTION  
MAR 12 2021  
DR. PATRICK HARRIGAN  
SUPERINTENDENT OF SCHOOLS



# Suffolk County Legislature

Office of Legislator \_\_\_\_\_



# BE POOL SMART CAMPAIGN

## POSTER CONTEST

APPROVED FOR DISTRIBUTION  
MAR 12 2021  
DR. PATRICK HARRIGAN  
SUPERINTENDENT OF SCHOOLS

### Contest Rules

Each participating student should create a poster with the title "Be Pool Smart." The poster should creatively illustrate one or more of the ten safety tips to prevent accidental drowning. The winning poster will be used as the cover to next year's brochure.

Please be sure to add the following information to your poster:

- ❖ Name
- ❖ Age
- ❖ Grade
- ❖ School
- ❖ Teacher's Name

\* Please use white poster board or paper no larger than 22" x 30".

**Entry Deadline: Wednesday, April 28, 2021**

## Learn CPR

Cardiopulmonary resuscitation (CPR) saves lives. If you perform CPR on a drowning victim while waiting for an ambulance to arrive, you might save a life or greatly improve the outcome. Contact Suffolk County Department of Health Services at 631-852-4797 for dates and locations of classes that will enable you to become certified in cardiopulmonary resuscitation (CPR). Visit [www.heart.org](http://www.heart.org) for more information on CPR and CPR training.

Suffolk County  
Department of Health Services  
3500 Sunrise Highway Ste. 124  
Great River, NY 11739-9006  
[SCDHSweb@suffolkcountyny.gov](mailto:SCDHSweb@suffolkcountyny.gov)

Follow us:  
[suffolkcountyny.gov](http://suffolkcountyny.gov)  
[Facebook.com/SuffolkCountyHealth](https://www.facebook.com/SuffolkCountyHealth)  
[Twitter.com/SuffolkCoHealth](https://twitter.com/SuffolkCoHealth)



**Public Health**  
Prevent. Promote. Protect.



## Prevent Drowning



"Be Pool Smart" Poster Contest Winner  
Fatimah Chaudhary, age 10; Teacher: Mr. Burghardt  
Longwood Middle School, Middle Island, NY



## Suffolk County

Steven Bellone  
County Executive

Suffolk County Legislature

James L. Tomarken, MD, MPH, MBA, MSW  
Commissioner of Health Services

MARCH 2020



## Pool Safety Laws

New York State law requires that residential swimming pools be equipped with an approved pool alarm, unless the pool is equipped with an automatic power safety cover. The pool must be enclosed within a fence or other barrier that is at least four feet high and can be entered only through self-closing and self-latching doors or gates. Suction outlets must be protected against user entrapment.

Current codes can be found on the NYS Department of State website. Contact your local municipality for additional code and zoning requirements.

## Did you know?

- Ten people die from drowning each day in the United States.
- About one in five people who die from drowning are children ages 14 and under.
- Among children ages one to four, most drown in home swimming pools.
- Three out of ten deaths in children aged one to four are caused by drowning.
- Most young children who drown have been out of a caretaker's sight for less than five minutes.
- For every child under 15 years old who dies from drowning in a pool, another 10 are rushed to the emergency room for near drowning.
- When victims nearly drown, their brains are deprived of oxygen, which can cause damage and affect a person's ability to function.
- The good news is that

## Tips to Prevent Drowning

- Young children can drown in a few inches of water. A child younger than five years of age should always be within arm's reach when near water.
- Because drowning occurs quickly and quietly, adults should not be involved in any other distracting activity (such as reading or talking on the phone) while supervising children.
- If you leave the pool area, even for a minute, take your children with you.
- Learn to Swim. Formal swimming lessons can protect adults and children from drowning. However, even when children have had lessons, constant supervision is needed.
- Teach older children to always swim with a buddy and where lifeguards are on duty.
- Don't use air-filled or foam devices in place of life jackets. These toys are not designed to keep swimmers safe.
- When the pool is not in use, remove the steps and take all toys away from the pool area.
- Keep a first aid kit stocked and available near the pool.
- Teach children how to dial 9-1-1 and how to get help in an emergency. Make sure children know their address.
- Keep a cell phone in the pool area in case of emergency.
- Obtain certification in cardiopulmonary resuscitation (CPR). In the time it takes for paramedics to arrive, your CPR skills could save someone's life.

## Signs of Drowning

Drowning victims do not usually scream or wave their arms. Signs of drowning include:

- Head low in the water, mouth at water level;
- Head tilted back with mouth open;
- Eyes closed OR glassy and empty, unable to focus;
- Hair over forehead or eyes;
- Not using legs, vertical position;
- Hyperventilating or gasping;
- Trying to swim but not making headway;
- Trying to roll over to their backs;
- Appearing to be climbing on an invisible ladder.



# Aprenda Primeros Auxilios

La resucitación cardiopulmonar (RCP), salva vidas.

Si usted realiza RCP en una persona ahogada mientras llega la ambulancia, podría salvarle la vida.

Para obtener entrenamiento y certificación en resucitación cardiopulmonar (RCP), comuníquese con el departamento de Servicios de Salud del condado de Suffolk al **631-852-4797** para las fechas y lugares de las clases las fechas y lugares de las clases.

Condado de Suffolk  
Departamento de Servicios de Salud  
3500 Sunrise Highway Ste. 124  
Great River, NY 11739-9006  
SCDHWeb@suffolkcountyny.gov

Síguenos  
suffolkcountyny.gov  
Facebook.com/SuffolkCountyHealthServices  
Twitter.com/SuffolkCoHealth



**Public Health**  
Prevent. Promote. Protect.



# Prevengamos los Ahogamientos



"Su Seguridad en la Piscina" Ganador del Concurso de Póster  
Fatimah Chaudhary, 10 años; Profesor: Mr. Burghardt  
Escuela Intermedia de Longwood, Middle Island, NY



## Condado de Suffolk

Steven Bellone  
Director Ejecutivo del Condado  
Legislatura del Condado de Suffolk  
James L. Tomarken, MD, MPH, MBA, MSW  
Comisionado de Servicios de Salud



## Leyes de Seguridad en las Piscinas

La ley del Estado de Nueva York exige que todas las piscinas construidas estén equipadas con una alarma de piscina aprobada, a menos que esté equipada con una cubierta de seguridad automática. También deben estar encerradas dentro de una valla u otra barrera que mida por lo menos cuatro pies de altura, y que las entradas sean con puertas de cerraduras que cierran solas. Las salidas de succión deben estar protegidas contra el atrapamiento del usuario.

Para obtener información adicional acerca de los códigos y requisitos de zonas póngase en contacto con su municipio local.

## ¿Sabía usted que?

- Diez personas mueren ahogadas cada día en los Estados Unidos.
- Aproximadamente una de cada cinco personas que mueren ahogadas son menores de 14 años.
- En los niños de entre uno y cuatro años, la mayoría se ahoga en piscinas de patio y en piscinas para bebés y niños pequeños.
- Tres de cada diez muertes de menores de uno a cuatro años de edad son por causa de ahogamientos.
- La mayoría de los niños que se ahogan han estado fuera de la vista de los cuidadores por menos de 5 minutos.
- Por cada niño menor de 15 años que muere ahogado en una piscina, otros diez son llevados a la sala de emergencia por riesgo de ahogamiento.
- Cuando las víctimas están a poco de ahogarse, sus cerebros no reciben oxígeno, lo que puede causar daños que afecten la capacidad de funcionar de una persona.
- La buena noticia es que el ahogamiento se puede prevenir.

## Medidas de Prevención de Ahogamiento

- Los niños pequeños pueden ahogarse a baja profundidad. Un niño menor de cinco años debe estar siempre dentro del alcance del brazo mientras esté cerca del agua.
- Dado que el ahogamiento ocurre rápida y silenciosamente, los adultos no deben realizar ninguna actividad que los distraiga (leer o hablar por teléfono) cuando estén supervisando a los niños.
- Si usted debe alejarse del área de la piscina, aunque solo sea por un minuto, lleve a sus niños con usted.
- Aprenda a nadar. Las lecciones formales de natación pueden proteger a adultos y niños del ahogamiento. Aún así, aunque los niños hayan aprendido, se requiere supervisión constante.
- Enseñe a los niños mayores a nadar siempre con algún amigo y donde haya salvavidas de turno.
- No utilice artefactos inflables o de goma espuma en lugar de chalecos salvavidas. Estos juguetes no están diseñados para mantener a salvo a los nadadores.
- Cuando la piscina no esté en uso, remueva las escaleras y todos los juguetes del área de la piscina.
- Mantenga un botiquín de primeros auxilios disponible cerca de la piscina.
- Enseñe a los niños a marcar 9-1-1 y cómo conseguir ayuda en caso de una emergencia. Asegúrese de que los niños conozcan su dirección.
- Mantenga su celular en el área de la piscina en caso de emergencia.
- Obtenga la certificación en resucitación cardiopulmonar (RCP). En el tiempo que tardan en llegar los paramédicos, sus habilidades de RCP pueden salvar una vida.

## Señales de Ahogamiento

- Las víctimas de ahogamiento generalmente no gritan ni mueven los brazos. Las señales de ahogamiento incluyen:
- La cabeza baja en el agua, la boca a nivel del agua;
- La cabeza inclinada hacia atrás con la boca abierta;
- Los ojos cerrados O vidriosos y vacíos, incapacidad para focalizar;
- El cabello sobre la frente u ojos;
- No usa las piernas, en posición vertical;
- Hiperventilación o jadeos;
- Intenta nadar pero no avanza;
- Intenta voltearse sobre la espalda; Parece estar subiendo una escalera invisible.