



HHH PTA COUNCIL'S
TASK FORCE / PARENT RESOURCE COMMITTEE together with REACH CYA

Please join us for a 4-part training designed to help parents meet the everyday challenges of parent-teen relationships.



STEP (Systematic Training for Effective Parenting)
Parenting Teens & Pre-teens

This 4-part training is presented by
Huntington Youth Bureau's Project Sanctuary

STEP is a multicomponent parenting education curriculum that helps parents learn effective ways to communicate with their children.

The goals of STEP are:

- Increased ability to identify goals of misbehavior.
- Increased alternatives to misbehaviors.
- Increased encouragement skills.
- Increased skill in communication.
- Increased skill in cooperation (parental and child)
- Increased skill in discipline.

*Each session is 1½ hrs. Participants will receive the handbook Parenting Teenagers.
A new topic will be covered each session.*

Please note: Space is limited to 15 participants.

To reserve a spot, please email info@reachcya.org. First come-first served.

Tuesdays, March 12, 19, 26 and April 2, 2019

10:00 to 11:30am

Fran Greenspan Administration Building, Room 250

APPROVED FOR DISTRIBUTION
FEB 07 2019

DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS



For more information contact REACH CYA: 631-549-9417 or info@reachcya.org

This is not a HHH School District sponsored or endorsed activity. REACH CYA is a not-for-profit 501c(3) organization.

*Janne
2/7/19*