

# WEEKLY SUPPORT GROUPS

**Tuesdays 7-8pm**  
**Healing through Loss**

Receive additional support and learn new ways to cope with grief in all of its forms.

**Wednesdays 6-7pm**  
**Wellness Wednesday**

Join us for a variety of presentations on topics such as yoga, meditation, and more.

APPROVED FOR DISTRIBUTION  
JAN 27 2022

DR. PATRICK HARRIGAN  
SUPERINTENDENT OF SCHOOLS

*AMH  
1/26/2022*

Enter Zoom ID & Passcode to  
Join:

Meeting ID: 939 2266 2794

Passcode: 659532

Scan the QR code  
to upcoming

support groups, or  
to join a meeting.



**NY Project Hope Helpline:**

**516-510-0282**



SCAN ME

This is not a Half Hollow Hills  
School District sponsored or  
endorsed activity

# GRUPOS DE APOYO POR SEMANA

## Martes 4-5pm Grupo de Apoyo en Español

En este grupo, hablamos sobre problemas como atrasos financiera, regresando a trabajar en persona, estrés, inmigración, pérdida de familia., trabajo, habitación, y efectos.

**EL ZOOM ID Y  
CLAVE PARA ENTRAR:**  
ZOOM ID:  
939 2266 2794  
CLAVE: 659532

**Escanea el código  
para ver el  
calendario o para  
entrar una sesión**



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endorsed activity

**línea de ayuda:**  
**516-510-0282**

