

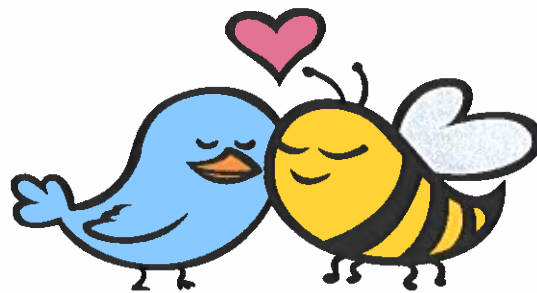
HHH SEPTA General Meeting

Tuesday, February 4, 2020

7:15pm (Special Time)

Please join us at
The Fran Greenspan Administration Center
525 Half Hollow Road
Dix Hills, NY 11746

Let's Talk about....



the Birds and the Bees

APPROVED FOR DISTRIBUTION
OCT 28 2019
DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS

Parent/Caregiver Workshop Talking with Your Kids About Sexuality

All Ability Wellness, LLC
Laura H. Pace, MS, LMT
Health Educator and Wellness Specialist

Talking with our young and grown children about sexuality can be a difficult task. As parents and guardians, we often worry whether talking about it gives permission and whether they can be safe from harm when they are in relationships.

This workshop will help you become more comfortable discussing this topic by covering what topics to cover when and the most effective ways to talk about this sensitive topic.

Goals:

- Examine barriers to talking about sexuality.
- Gain knowledge about sexuality and developmental disabilities.
- Acquire and practice skills in communicating about sexuality with our young and grown children.

For more information please contact, Michelle Cooke, HHH SEPTA President at
Cookemichelle39@gmail.com

Michelle Cooke
10/25/19