

Student Name:	
Guidance Counselor:	

### Senior Student / Counselor Questionnaire

An important part of the College Application Process is your counselor's recommendation. Take the time to answer the following questions, in detail, so that your counselor can write the best possible recommendation for you. Please attach your TYPED responses to this form. This information will be viewed by your counselor only.

1. What are your academic interests? Which courses have you enjoyed the most and why?
2. What college major(s) are you giving serious consideration to pursuing at this time? What do you hope to accomplish in college and thereafter? What do you believe are your career goals?
3. What activities have you participated in school that have been the most meaningful and what have you learned from these activities? Consider artistic, athletic, community service, and especially leadership positions. Is this something you would like to continue at the college level?
4. How have you grown over four years as a learner, student and personally? How have you demonstrated leadership or initiatives within a classroom setting or within the community? How has your role changed within the school community and at home?
5. Have you ever demonstrated a willingness to take risks and go beyond the normal classroom experience? If so tell me in detail about it and if not, explain why not?
6. What do you consider your most admirable qualities? List at least 3 and explain each in several sentences, and in detail how you have exhibited these qualities?
7. Do you have any "hidden" extracurricular talents/hobbies or interests that are not affiliated with school-based organizations or clubs?
8. Share a significant experience, obstacle, or challenge you overcame, and what did you learn about yourself? (Please provide specific anecdotes.)
9. Have any unusual situations or specific experiences (family issues, illness, moving, etc.) had an impact on your life either academically or personally? How has the experience shaped who you are today?
10. What are you passionate about? What inspires or motivates you when no one is looking and what makes you thrive?
11. What makes you unique? Choose at least three or four adjectives that best describe you and provide an example where you have exhibited these qualities. Please be as specific as you can.
12. What quote, motto or creed best describes you or your philosophy of life and why?
13. What do you consider your greatest strengths? And what are your weaknesses or 'blind-spots'? What areas can you improve on and how would you go about doing this?
14. Self-Reflective Question- Imagine that you are an Admissions Counselor reading your application. What are you looking for in the ideal candidate and why should the university/college accept you? (Example: What will you bring to the university that will make you stand out among thousands of applications?) Provide details.
15. Tell me about your family background and anything else you think would be helpful to me in writing your letter of recommendation.

**\*\* DON'T FORGET! \*\***

Please provide a typed version of your Activities Résumé.  
 Make sure to include your Name, Date of Birth, & Signature on the Activities Résumé. This form will be retained in your Senior Folder in the Guidance Department. You can update your Activities Résumé throughout the Senior Year if you need to modify the information.